

"Just try to hang with it. Don't take it personally."

—John

"I thought maybe it was because I was playing with my friends too much"

—Lucas



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## >>MY PARENTS ARE GETTING DIVORCED<<

BY PHILIP M. STAHL

If your parents are getting a divorce, you probably have many questions about how your life will change. Some of the biggest questions for kids are: where will I live, who will take care of me, will I still see my friends, and will I continue to spend time with both of my parents?"

When parents separate and live in different places, it is not the same as living all together. But remember: both your mom and dad are still going to love and take care of you. You will now have a home with each of them.

### Home Is...

Your home is where you do a lot of important things. It is a place where you have your own bed and room; keep your things; eat, talk, and play with your family; have friends over; solve problems; do your homework; and get help with problems in your life.

It is important for you and your parents to

create two homes where you are comfortable doing these things.

When one parent moves to a new home, it may take some time for you to feel comfortable there. It also may take a while for you to get used to spending time alone with each parent. Doing regular, everyday things together, such as playing games, doing homework, and watching a movie will help you get through this.

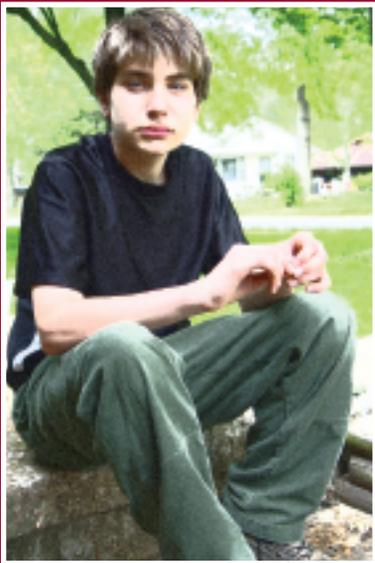
Some kids and parents who have not spent much time together before the divorce find that spending time together after the divorce helps them get to know each other and feel closer than ever before. **FA**



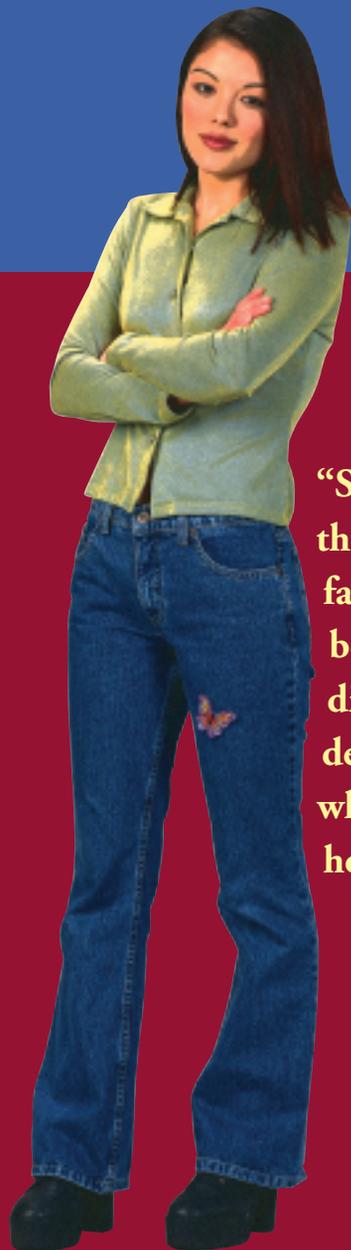
**“But I was no dummy. I, I knew that they were leaving each other.”  
— Martina**



**“I have been divorced for, I think, seven years now...”  
— Ryan**



**“All’s I knew was that Dad wasn’t there and Mom was and we had to move.”  
— Zack**



**“Sure, we kids know that sometimes families get along better when they’re divorced, but that depends so much on what parents do and how they do it.”  
— Shana**